



Weekly Update - February 11, 2022

Dear Community Partner,

As the chief public health strategist for the Greater Nashua Public Health Region (GNPHR), the Nashua Division of Public Health and Community Services (DPHCS) prepares weekly updates to inform our community on matters related to the health and safety of our community. The Greater Nashua Public Health Region (GNHPR) includes the towns and cities of Amherst, Brookline, Hollis, Hudson, Litchfield, Lyndeborough, Mason, Merrimack, Milford, Mont Vernon, Nashua, Pelham, and Wilton.

COVID-19 Data Update

Community level transmission is determined by two metrics established in conjunction with the State of New Hampshire Department of Health and Human Services (DHHS) and the Centers for Disease Control and Prevention (CDC). When the number of new cases per 100k over 14 days is less than 50 OR the percent positivity rate is below 5%, a community is designated as **"GREEN"** or minimal. When cases exceed 50 per 100k OR the percent positivity rate is between 5% to 10%, a community is designated as **"YELLOW"** or moderate. When a community exceeds the highest threshold (>100 cases per 100k OR >10% positivity rate), a community is designated as **"RED"** or substantial.

Currently, the city of Nashua is experiencing **SUBSTANTIAL** community level transmission.

Definitions

Active Case

A case that is currently sick or in isolation due to COVID-19.

New Infections per 100k

Number of new cases within 14 days standardized by population size to compare across groups. This shows how quickly disease is occurring in the community or the incidence of disease.

7-Day Total Test Positivity Rate

Number of PCR and Antigen tests that are positive compared to the number of PCR and Antigen tests that are negative over the past 7 days. A rising positivity rate indicates a rising number of infections in the community.

Fully Vaccinated

Percent of residents fully vaccinated. Full vaccination occurs 2 weeks after the second dose in a 2-dose series or 2 weeks after a single-dose vaccine.

Up-to-date on COVID-19 Vaccination

Individuals who have received a booster vaccination 5 months after

COVID-19 DATA METRICS

Updated: 2/11/2022

completing their primary series of Pfizer or Moderna or 2 months after the single dose of Janssen (J&J).

CASES



CITY OF NASHUA

Active Cases: 353

New Infections per 100k: **892.4**

7-Day Total Test Positivity Rate: **14.1%**

GREATER NASHUA

Active Cases: 347

Level of Community Transmission:
SUBSTANTIAL

FULLY VACCINATED

CITY OF NASHUA: 53.9%

GREATER NASHUA: 53.6%

NEW HAMPSHIRE: 56.6%

Dartmouth-Hitchcock Health Combats COVID-19 Misinformation

Press release by Dartmouth-Hitchcock Medical Center from February 3rd, 2022.

Lebanon, NH - Misinformation continues to circulate about COVID-19 and the effectiveness and safety of vaccines, which have made a significant impact on the morbidity and mortality associated with this virus. Almost every healthcare institution has been faced with families still demanding alternative COVID-19 treatments that have no scientific evidence of their effectiveness. Dartmouth-Hitchcock Health (D-HH) continues to be a conduit of good data and truthful information for patients and community members.

Jose R. Mercado, MD, D-HH's COVID-19 Response Leader addresses the most common questions and concerns that have been circulating.



How do you talk to others about some of the misinformation about the vaccines and the virus that is still out there?

"We have heard of individuals intentionally trying to catch COVID-19. I can't emphasize enough that to go out and 'catch an infection' is a really bad idea, because you never know if you will have a mild infection or severe disease. We know that those with comorbidities are at a higher risk of severe illness or more likely to be hospitalized, and if you are not vaccinated, you are at a higher risk of dying from the virus. And for those who survive an acute infection, there is a likelihood of 'long COVID,' which involves a number of chronic symptoms like fatigue, memory issues, and the inability to get back to normal daily living. We are seeing a percentage of individuals, regardless of the severity of the infection, develop long COVID. We don't want to see unvaccinated people developing chronic conditions or dying as a result of trying to get infected."

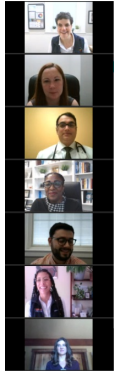
What guidance would you give for having conversations with others looking for resources to share with families and friends about some of this misinformation?

"Vaccines remain the safest method of developing immunity or protection against COVID-19. It is also the best

way to have durable, long-lasting immunity against this virus. Those who have chosen to get vaccinated and boosted should encourage others by sharing their experience and letting others know why they made the choice. Those who continue to feel hesitant should talk to their provider, or a trusted leader in their community, to make sure they are making decisions based on reliable information because this is a true life-or-death situation. We have data to show how vaccination protects not only the individual, but also their families and friends. We must do this for them, for our community and for our frontline healthcare workers, who have remained resilient and continued to provide quality care for our sick patients, throughout the pandemic.”

[Click here to read the full press release.](#)

Greater Nashua Public Health Annual Meeting Recap



Together Again: Strengthening Community Connections

The Greater Nashua Public Health Annual Meeting was this past Thursday, February 10th. We are so grateful for all who were in attendance, including our guest speaker, panelists, partners, and community members.

If you were unable to attend the meeting, the link to the full recording can be found below.

[GNPHAM Full Recording](#)

Greater Nashua 2022 Community Health Improvement Plan (CHIP) is Online!



4th Annual Valentine's Day STD/HIV/HCV Testing Event

4th Annual Valentine's Day Event

**DON'T GIVE YOUR VALENTINE
ANYTHING BUT LOVE ♥**

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**FREE TESTING
STD/HIV/HCV**

MONDAY, FEBRUARY 14TH

Nashua Division of Public Health & Community Services

HEARTS~5 Pine St Ext # 1g| 8:30 AM - 11:30 AM

NASHUA SOUP KITCHEN~2 Quincy St | 11:30 AM - 3 PM

TESTING | GIVEAWAYS | GIFT CARDS WHILE SUPPLIES LAST

For more information, call 603.589.4500 #2
or visit nashuanh.gov/DPHCS.



CITY OF NASHUA
Division of Public Health
& Community Services
18 MULBERRY STREET • NASHUA, NH • 03060

English Flyer

Spanish Flyer

Nashua DPHCS Community Health Worker Nelly Gachohu Featured in 603Diversity

Nashua DPHCS' very own Nelly Gachohu was featured in the article "Cultures of Health" in the February 2022 edition of 603Diversity Magazine.

Nelly discusses her role as a community health worker and outreach work with BIPOC populations, as well as the importance of ensuring equitable access to healthcare services.

You can read the full article online [here](#).



February 14th is National Donor Day

More than 100,000 men, women and children in the United States are currently waiting for lifesaving organ transplants.

National Donor Day is an observance dedicated to spreading awareness and education about organ, eye and tissue donation. It is also a day to appreciate donors and loved ones who have given the gift of life, have received a donation, are currently waiting or did not receive an organ in time.

People of all ages and medical histories should consider themselves potential donors. Your medical condition at the time of death will determine what organs and tissues can be donated.

Although donation and transplantation can take place successfully between individuals from different racial or ethnic groups, transplant success is often better when organs are matched between people of the same racial or ethnic background.

People of African American/Black, Asian/Pacific Islander, Hispanic/Latino, American Indian/Alaska Native and multiracial descent currently make up nearly 58% of individuals on the national organ transplant waiting list. These communities are in great need of more organ and tissue donors.

You can help to share the love this February 14th by registering to donate and give the greatest gift of all – saving lives. For more information and to register, visit www.donatelife.net/register.



Super Bowl Safety

Super Bowl Sunday is only a few days away! Don't fumble with food safety on game day and follow the tips below to ensure your Super Bowl celebration is a success. To learn more, check out the [USDA's recent article on Super Bowl food safety](#).



EQUITY CORNER: Black History Month 2022 - Policy Action to Support Black Health and Wellness

This year, the theme of Black History Month is "Black Health and Wellness". The organization Trust for American's Health (TFAH) put forward a statement citing that structural and systemic racism prevent optimal health outcomes for people of color, particularly Black Americans.

TFAH sets forth key policy recommendations which include the need for national prioritization of health equity and elimination

of disparities, strengthening public health's capacity to address health inequities, increased minimum wage and family leave, and increased funding for a variety of key social programs.

[Learn more and read the full article on Trust for Health's website.](#)



Public Health Resources

Workforce Development

**SNAHEC: Creative Resiliency Series:
Creating Mandalas - 2/15/2022**

[Learn More & Register Here](#)

**UNH Cooperative Extension: Virtual
S.A.F.E Food Handling Workshop for
Foodservice Workers - 2/16/2022**

[Learn More & Register Here](#)

**UNH Cooperative Extension: Youth
Mental Health First Aid - 3/2/2022**

Registration Deadline: 2/18/2022

[Learn More & Register Here](#)

**Job Opportunity: Public Health Equity
Officer**

[Apply Here](#)

Additional Resources

[Nashua COVID-19 Website](#)

[Regional Data
Dashboard](#)

[NH Housing Assistance](#)

[Regional Food Resources](#)

[Statewide Resources](#)

Upcoming Events

[COVID-19 Testing Locations](#)

[COVID-19 Vaccine Locations](#)

****At this time, we are not offering child lead testing due to the expansion of the recall for LeadCare Blood Lead Tests. Please call with any questions.***

SSANA

Mondays / 10 a.m. - 12 p.m.

(Between Temple St. and Cottage St., Nashua)

Immunizations

Tuesdays / 4 - 7 p.m.

Nashua Public Health (18 Mulberry St., Nashua)

By Appointment: Call 603-589-4500, Option 2

Immunizations, STD/HIV/HCV Testing

Wednesdays / 10 a.m. - 12 p.m.

Nashua Public Health (18 Mulberry St., Nashua)

By Appointment: Call 603-589-4500, Option 2

SSANA

Wednesdays / 2 - 4 p.m.

(29 Temple St., Nashua)

STD/HIV/HCV Testing

Thursdays / 3 - 6 p.m.

Nashua Public Health (18 Mulberry St., Nashua)

By Appointment: Call 603-589-4500, Option 2

HIV Testing

3rd Friday of Every Month / 10 a.m. - 12 p.m.

Nashua Public Library (2 Court St., Nashua)

Immunizations

Fridays / 9 a.m. - 12 p.m.

Nashua Public Health (18 Mulberry St., Nashua)

By Appointment: Call 603-589-4500, Option 2

STD/HIV/HCV Testing

2nd and 4th Friday of Every Month / 1:30 - 3:30 p.m.
Laton House (28 Railroad Sq., Nashua)



WE'RE ON AIR

PUBLIC HEALTH RADIO HOUR

ALL THE THINGS YOU WANT TO KNOW AND SOME YOU DON'T.

TUNE IN WEEKLY TO WSMN RADIO 1590 AM AND 95.3 FM
FRIDAYS 10 - 11 AM

WE'RE ON TV!

Public Health Matters

WATCH IT HERE

NEW HAMPSHIRE
**PUBLIC HEALTH
ASSOCIATION**

Improving Health, Preventing Disease, Reducing Costs for All

The New Hampshire Public Health Association (NHPHA) supports science-based public health policy and has a goal of informing citizenry of changes needed in the laws and government in order to improve public health. Subscribe to the "Health in All Policies" E-News on their [website](#).

ESAR – VHP, MRC, CERT, NHDART, MMRS, DBHRT

NH RESPONDS

New Hampshire Emergency System for Advance
Registration of Volunteer Health Professionals

NHResponds is the system used pre-register volunteers who are interested in responding in an emergency. Whether you are a healthcare provider, administrative specialist, a retired professional, or ready to help in your community, New Hampshire needs you. Check it out!

City of Nashua Division of Public Health and Community Services
Greater Nashua Public Health Network
(603) 589-4500
www.nashuanh.gov/DPHCS

STAY CONNECTED!

